FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	20540
wasiiiigtoii,	D.C.	20049

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
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OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Puncochar Mary Joan				2. Issuer Name and Ticker or Trading Symbol biote Corp. [BTMD]								eck all applic Directo	able) r	ng Person(s) to Is		wner		
(Last)	(F OTE CORP.	irst)	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 06/01/2023							below)	(give title ef Comm		Other (specify below)		
1875 W. WALNUT HILL LN #100					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)	T	X	75038												led by More	Reporting Fe than One F		ng
(City)	(S	itate)	(Zip)		$ $ _	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.							0					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																	
1. Title of Security (Instr. 3) 2. Transar Date (Month/Date					Execution Date,		Transaction Dispose Code (Instr. 5)		rities Acquired (A) or ed Of (D) (Instr. 3, 4 and		Beneficia Owned F	es ally Following	6. Ownershi Form: Direc (D) or Indire (I) (Instr. 4)	t of ct B O	7. Nature of Indirect Beneficial Ownership			
								Code	V A	Amount	(A) (D)	Price	Reported Transact (Instr. 3 a	ion(s)		(11	nstr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day/	ate, T	Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		e and	7. Title and Amor of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	derivative Securities	Owners Form: Direct (l or Indirect) (I) (Insti	(D)	Beneficial Ownership ct (Instr. 4)
				C	Code			Expir Date		Title	Amount or Number of Shares		(Instr. 4)					
Employee Stock Option (Right to Buy)	\$5.39	06/01/2023			Α		221,500		(1)	05/31	1/2033	Class A Common Stock	221,500	\$0.00	221,500) г		

Explanation of Responses:

1. One-half (1/2) of the shares subject to the option vest on May 30, 2025, and the remaining shares subject to the option shall vest in twenty-four (24) equal monthly installments thereafter, subject to the Reporting Person's continuous service through each such vesting date.

Remarks:

/s/ Cathy Rude, as Attorney-in-Fact for Mary J. Puncochar

06/02/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.